



As well as providing a comprehensive management consultancy service, we also run regular training workshops. We can also deliver these for your company or create bespoke packages. Here are some of the subjects we cover but please give us a call if you have a specific requirement.



Beth Tyrrel

Managing difficult People

- Find out why your 'difficult people' are difficult.
- Learn about your own preferences and style.
- Learn about the styles and preferences of others and how to adapt to them.
- Understand how to develop business process and organisational culture to improve working relationships.

Creative Problem Solving

- Tools and techniques to help you solve problems.
- Practical common sense tips and advice to get you started.
- How to make problem solving a normal part of business.
- Introduction to many of the tools and models you can use to develop a culture of continuous improvement.

Mental Toughness

- The confidence and skills to succeed in times of uncertainty and change
- Practical applications and techniques to enhance performance, drive and resilience
- Motivating staff and yourself to rise to the challenges.
- Recognising and seizing opportunities.

People Management

- Essential workshop all line managers.
- How to engage and enthuse your staff.
- Improve your communication, delegation, facilitation and coaching skills.
- Practical tips in managing performance, motivating and engaging staff and effective goal setting.

Project Management

- Simple, no nonsense tips for managing projects on time and to budget.
- Helpful templates and guides to make projects run smoothly.
- Understanding the key phases and how to manage them.
- Keeping things on track and managing risk and expectations.

Creating positivity in the workplace

- Practical tips and strategies for motivating yourself and others.
- How to enthuse and engage others even when times are challenging.
- Improve your ability to communicate and listen.
- Initiating and institutionalising positive culture change